



JOHN WESLEY'S

GUIDE
to
Overcoming
Negativity



with Dr. David Jeremiah

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There is much rejoicing in iniquity in our world... Bad news is good news when it comes to making headlines and selling ad space on TV. People have an insatiable appetite for the unsavory and the unrighteous, but tragedy or misfortune in any form is a cause for sadness with God.

The danger, even for Christians, is to find ourselves inwardly glad when another's misfortune results in a benefit for us. There is no love when we feign sorrow on the outside but rejoice on the inside.

The great English Methodist preacher, John Wesley, established a covenant for himself and for all the lay preachers he worked with in his ministry. He required every man who he ministered with to agree to, and sign, the covenant—and to hang it on a wall in their home so they would continually be reminded of it.



Number

1



That we will not listen
to, or willingly inquire
after, ill concerning
one another.





That if we do hear
any ill of each
other, we will not be
forward to believe it.





That as soon as possible,
we will communicate
what we hear by
speaking or writing to
the person concerned.





That until we have done
this, we will not write or
speak a syllable of it to
any other person.



Number



That neither will there
be mention of it after
we have done this to
any other person.



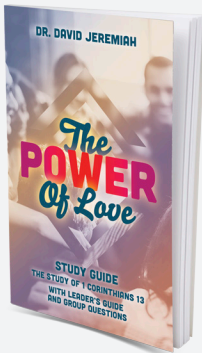


That we will not make
any exception to any of
these rules unless we
think ourselves absolutely
obliged in conference.





There is very little in life that we can change. But the one thing we have absolute control over is how we respond to everything else.



For more on “Love’s Power Over a Negative Attitude” see Dr. Jeremiah’s teaching series, *The Power of Love*.



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