

How Can I Get Victory Over Worry?

TEN QUESTIONS CHRISTIANS ARE ASKING | Dr. David Jeremiah

Matthew 6:25-34



- I. UNDERSTANDING WORRY—MATTHEW 6:25-32
 - A. Worry Is Inconsistent—Matthew 6:25
 - B. Worry Is Irrational—Matthew 6:26
 - C. Worry Is Ineffective—Matthew 6:27
 - D. Worry Is Illogical—Matthew 6:28-30
 - E. Worry Is Irresponsible—Matthew 6:31-32
- II. OVERCOMING WORRY—MATTHEW 6:33-34
 - A. Commit Your Life Totally to Jesus Christ—Matthew 6:33, “The Long View”
 - B. Concentrate Your Energies on Living One Day at a Time—Matthew 6:34, “The Short View”
 - 1. Do Not Dwell on Your Tomorrows
 - 2. Do Not Dwell on Your Yesterdays
 - a. We worry about yesterday’s sins
 - b. We worry about yesterday’s successes
 - c. We worry about yesterday’s sorrows

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