

How Can I Get Victory Over Worry?

TEN QUESTIONS CHRISTIANS ARE ASKING | Dr. David Jeremiah
Matthew 6:25-34



I. UNDERSTANDING WORRY

A. Worry Is Inconsistent—Matthew 6:25

B. Worry Is Irrational—Matthew 6:26

C. Worry Is Ineffective—Matthew 6:27

D. Worry Is Illogical—Matthew 6:28-30

E. Worry Is Irresponsible—Matthew 6:31-32

II. OVERCOMING WORRY—MATTHEW 6:33-34

A. Commit Your Life Totally to Jesus Christ—Matthew 6:33

B. Concentrate Your Energies on Living One Day at a Time—Matthew 6:34

1. Do Not Dwell on Your Tomorrows—Deuteronomy 33:25

2. Do Not Dwell on Your Yesterdays

a. We Worry About Yesterday's Sins—Psalm 103:12

b. We Worry About Yesterday's Successes

c. We Worry About Yesterday's Sorrows

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