## Depression: The Fear of Mental Breakdown

WHAT ARE YOU AFRAID OF? | Dr. David Jeremiah Selected Scriptures

- I. THE EPIDEMIC OF DEPRESSION
- II. THE EXPERIENCE OF DEPRESSION
- III. THE EXPRESSION OF DEPRESSION
  - A. "Why Did I Arrive?"—Job 3:1-3
  - B. "Why Did I Survive?"—Job 3:11
  - C. "Why Am I Alive?"—Job 3:20-21
- IV. THE EXAMINATION OF DEPRESSION
- V. THE EXPLANATION FOR DEPRESSION
  - A. Sometimes There Are Situational Reasons
  - B. Sometimes There Are Systemic Reasons
  - C. Sometimes There Are Satanic Reasons
  - D. Sometimes There Are Spiritual Reasons
- VI. THE EXPECTATIONS OF DEPRESSION
- VII. THE ELIMINATION OF DEPRESSION
  - A. Reveal Your Depression—Job 7:11
  - B. Resist Your Depression
  - C. Research Your Depression
  - D. Replace Your Depression
- VIII. THE EFFECT OF DEPRESSION—JOB 23:10

